

# DITCH THE HITCHERS



Cumbria Freshwater  
Invasive Non-Native  
Species Initiative

For more information go to:  
[www.cfins.scrf.co.uk](http://www.cfins.scrf.co.uk)

# DITCH THE HITCHERS



Help to protect our freshwaters from the spread of invasive non-native species! **Follow this simple three step process every time you leave any river, tarn or lake:**

**CHECK**

Check your equipment and clothing for living organisms. Pay particular attention to areas that are damp or hard to inspect.

**CLEAN**

Clean and wash all equipment, footwear and clothes thoroughly. If you do come across any organisms, leave them at the water body where you found them.

**DRY**

Dry all equipment and clothing – some species can live for many days in damp conditions.

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