

Healthy Soils, Resilient Farms

Free Workshop - 30th January

Lakeland Farm Visitor Centre, Ings



South
Cumbria
Rivers
Trust



Join acclaimed soil health specialist, agronomist and farmer James Bretherton at a one day workshop for farmers in the Staveley, Kentmere, Ings and Troutbeck area. James will deepen your understanding about how healthy soils drive grassland health and farm productivity. Topics covered in the workshop will include:

- Soil health /structure and why is this important for your stock and the environment.
 - Looking at soil sampling as a must do.
- What to gain from soil samples. Why soil pH is so important?
- How to improve soils and keep farming in extreme weather.
 - Mechanical methods of fixing soils.

Workshop Agenda



1000 - Arrival - Bacon roll & a brew (no charge)

- ◆ **Field Sampling & discussion – James Bretherton**
- ◆ **Aeration demonstration – Isaac Benson (Lakeland Farm Visitor Centre)**
- ◆ **Managing & Improving Soils Talk - James Bretherton**
- ◆ **Lunch (no charge)**
- ◆ **Talks & register interest for :**
 1. **Free Soil Husbandry Visit Scheme (Natural England Catchment Sensitive Farming)**
 2. **Free Soil Structure Improvement Scheme (Defra Natural Flood Management Scheme)**
- ◆ **Soil Health Q&A Session over tea & cake.**

1400 - Close

**To book your free place/s contact South Cumbria Rivers Trust at:
info@scrt.co.uk / 01539 530047**

Supported by Environment Agency, Natural England & Defra

